



U12 – Session 6

Combination Play

Intentional Free Play:

Have a field set up for players to scrimmage in. When they start arriving, have them join the field and play anywhere from 1v1 to 4v4. If you have more players, set up a second field and have them start off with playing 1v1 to 4v4.



Dutch Square:

Half the players create a square in a defined space with a ball. Players without balls are in the middle and check to receive a pass from outside players. Once they are inside, players have the ball, and they look to connect a pass with another outside player.

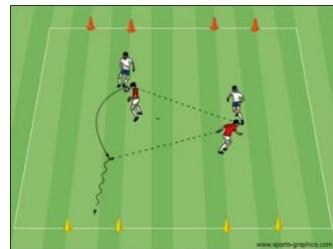
Review technique of passing & receiving

- Introduce Take Overs
- Introduce Wall Passes
- Introduce Overlaps



2v2 to 4 Goals:

Two teams trying to score through the cone goals by passing or dribbling, looking for the appropriate chance to execute a combination. Stress the opportunities to combine (wall passing, overlaps, and takeovers).



3v3 or 4v4 +1:

In a 25x30 yd. grid, two teams of 3 or 4 players, each with a neutral player who plays for the team in possession of the soccer ball, will play to score by passing through the cones. A goal scored after a combination play is worth 5 points.



Scrimmage:

Create field based on playing numbers and size of area.

